

# 4.2.10 St Leonard's Primary School Sun Smart Policy

#### **Rationale:**

- Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.
- Our SunSmart policy has been developed to ensure that all students and staff attending this school are protected from skin damage caused by the harmful ultraviolet rays of the sun by using a combination of sun protection measures whenever UV levels reach 3 and above. It is to be implemented throughout the year but with particular emphasis September to April.

## Aims:

- To educate students to independently use sun protection skills.
- To encourage students and teachers to protect themselves from the harmful effects of the sun.
- To ensure the outdoor environment is sun safe and provides shade for students and staff.
- To support appropriate OHS strategies to minimise UV risk and associated harms for staff and visitors.

### **Implementation:**

- This policy is to be read as part of our Student Dress Code.
- Students will be required to wear Anti-Cancer Council approved close-weave broad brimmed hats (at least 8 cm rigid brim) or legionnaire hats between September to April.
- Our rule is 'No hat No play" and students without the appropriate hats must sit under the verandah adjacent to the art room on playground C (Oval).
- Students will be encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+). Staff will not apply sunscreen to students.
- Whenever possible, outside activities on hot days should be scheduled before 11:00 am.
- Staff and parents are requested to act as role models by practising Sun Smart behaviour.
- The school will provide adequate shade structures for students as practicable; particularly over high density play areas such as sand pits and play equipment.
- The school newsletter and school assemblies will be used to highlight and reinforce the Sun Smart policy.
- Sun Smart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.
- Ensure the Sun Smart Policy is reflected in the planning of all outdoor events (eg. Camps, excursions, sporting events.)
- The following website provides additional SunSmart information. http://www.cancervic.org.au/preventing-cancer/be-sunsmart
- Our school is accredited as a Sun Smart school at the Anti-Cancer Council of Victoria. <a href="http://www.sunsmart.com.au/communities/early-childhood-primary-schools/sample-policies">http://www.sunsmart.com.au/communities/early-childhood-primary-schools/sample-policies</a> (Refer to the SunSmart policy if we become an accredited SunSmart school)
- At times of extreme heat all children will be kept in the classrooms as per our wet day program. This decision will be made by the principal or appointed representative.

#### **Evaluation:**

• This policy will be reviewed as part of the school's three-year review cycle with SunSmart at <a href="mailto:sunsmart.com.au">sunsmart.com.au</a>.